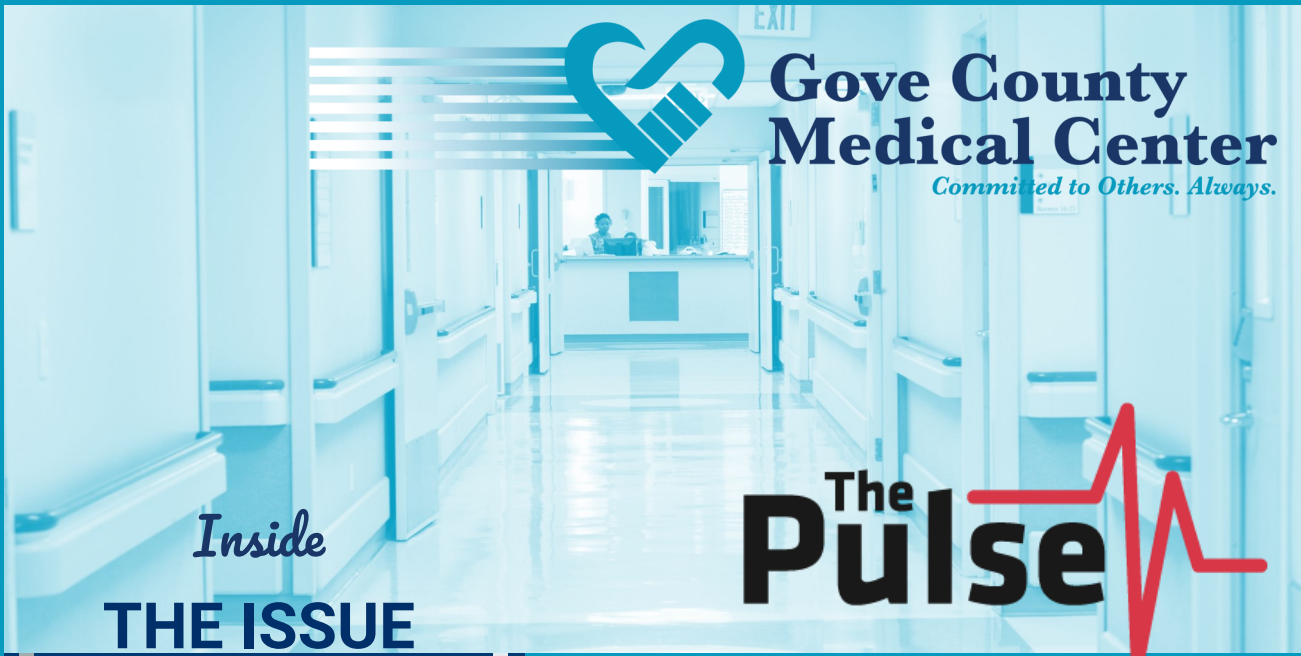


Newsletter

ISSUE | 5 | May 2024



Inside THE ISSUE

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Gove County Medical Center

Welcome to the Pulse Newsletter. Here you will find the latest news from the hospital including opportunities and trends.

Gove County Medical Center's dedication to individual attention and superb care drive every interaction we have with our patients, our neighbors, and our fellow caregivers.

We are here to make a difference.



Health News

The latest in news for healthcare



Employment Opportunities

Make sure to see the featured job of the month



**Gove County
Medical Center**
Committed to Others. Always.



MAY

Calendar of Events

- 2ND** *Policy Mtg. 10am*
- 6TH** *PFAC Mtg. 4:30pm*
- 14TH** *DM Meeting 1pm*
- Charge Nurse Mtg. 3pm*
- Nursing All Staff Mtg. 4pm*
- 15TH** *Orientation 8am*
- Body Mechanics 11am*
- Active Threat 12:15pm*
- 16TH** *Policy Mtg. 10am*
- 21ST** *Recruit & Ret. Mtg. 12pm*
- 24TH** *BOT Mtg. 8am*
- 28TH** *QEC Mtg. 8am*
- 30TH** *Policy Mtg. 10am*



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The Pulse Our Providers



Michael E. Machen, MD



Douglas J. Gruenbacher, MD



Shelly L. Gruenbacher, MD



Anna Rempel, MD



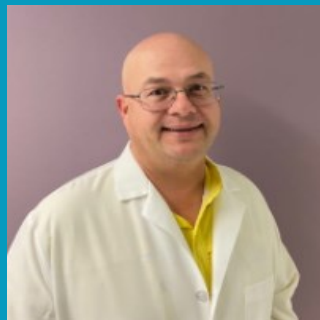
Scott Rempel, MD



Jamie Mense, APRN



Cardiology
Dr. Wagle



Podiatry
Dr. Hinze



Cardiology
Dr. Hagley



General Surgery
Dr. Schultz



General Surgery
Dr. Gabel



Diabetic/Dietitian/Nutrition
Janette Burbach, MS RD CDE



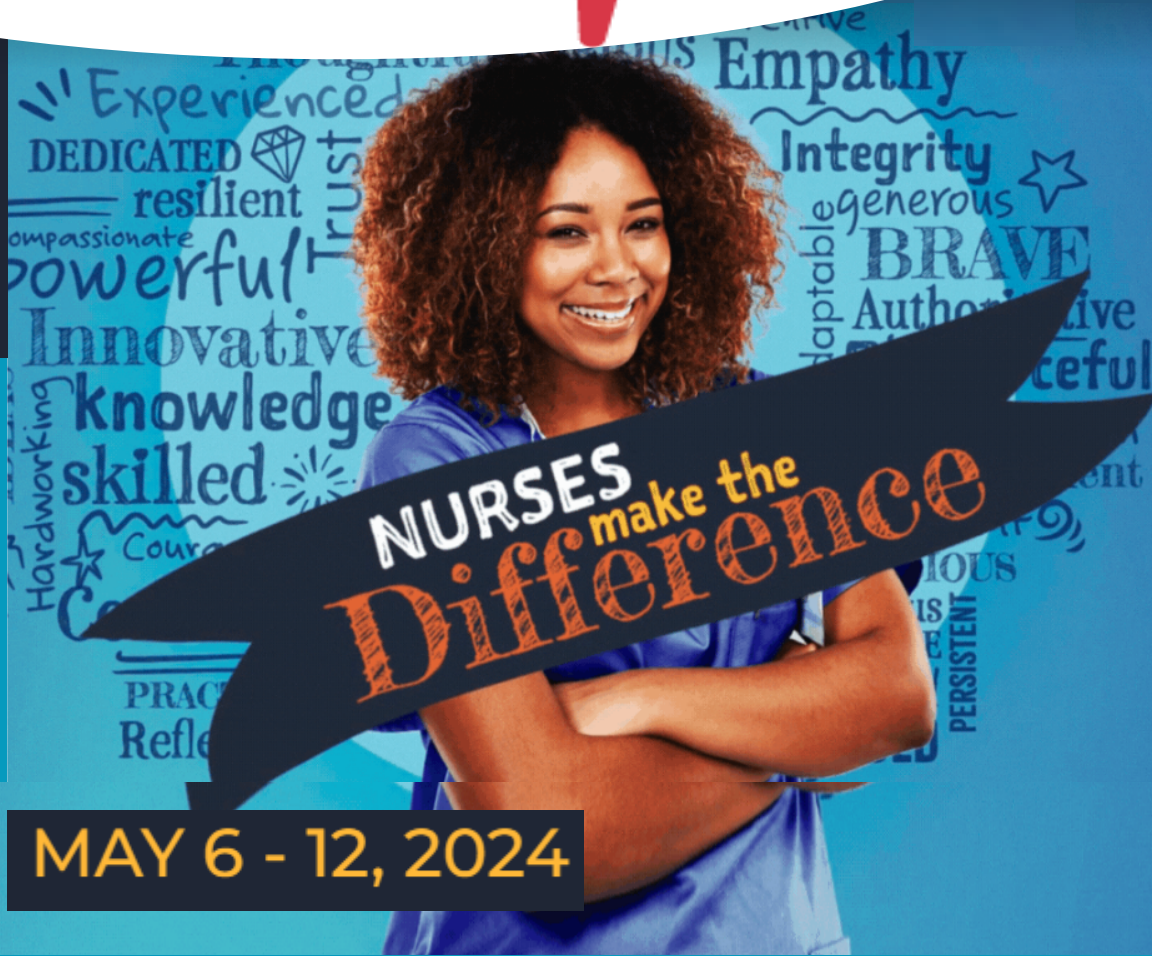
Orthopedics
Dr. Harbin



Anesthesiology
Melissa Albers, CRNA

The Pulse Nurses Week

NURSES WEEK



MAY 6 - 12, 2024

The American Nurses Association (ANA) is celebrating more than 5 million registered nurses during National Nurses Week 2024 May 6 - May 12, and throughout May. This year's theme, "Nurses Make the Difference," honors the incredible nurses who embody the spirit of compassion and care.

We recognize the invaluable contributions of nurses worldwide who

provide expert care, support patient safety, and advance the nursing profession. This is your chance to express gratitude and support for their capability and fortitude by celebrating Nurses Week 2024 and show your appreciation for these extraordinary professionals! Nurses are not only the heart and soul but also the face of healthcare. Their knowledge and dedication make a lasting impression on the lives of patients and families.

Several individuals, organizations, and political leaders contributed to the evolution of Nurses Week. The ANA has compiled several facts about the history of Nurses Week:

- 1953: Dorothy Parker of the US Department of Health, Education, and Welfare sent a proclamation to President Eisenhower for Nurses Week but he never signed it.
- 1954: A National Nurse Week was observed October 11-16 in recognition of the 100th anniversary of Florence Nightingale's work during the Crimean War.
- From the 1950s to 1970s, several bills were introduced to Congress, but none made it through the legislative process.
- 1974: The International Council of Nurses declared May 12 International Nurses Day and President Nixon signed the proclamation.
- 1982: The ANA declared May 6 as National Nurses Day, which Ronald Reagan signed.
- 1990: The ANA extended the celebration to "Nurses Week," and the dates May 6-12 became permanent as of 1994.



2024 National Hospital Week May 12-18



National Hospital Week is an opportunity to highlight our hospitals, health systems and health care workers and the innovative ways they are supporting and connected to their community..

In honor of National Hospital Week, we're taking a look at the history behind the holiday that honors our healthcare heroes.

Initially established on May 12th, Florence Nightingale's birthday, National Hospital Week began as just a single day in 1921.

During the Crimean War, Nightingale took it upon herself to nurse wounded soldiers. She began to advocate for nursing as a respected profession and started training other women in the practice. Nightingale went on to publish over 200 books and informational pamphlets on nursing, revolutionizing the way hospitals were run. She is often cited as the founder of modern nursing.

It wasn't until 1953 that the holiday was extended to a week-long event so that hospitals could plan and implement extensive public information programs. Now sponsored by the American Hospital Association, National Hospital Week "provides an opportunity to recognize employee achievements, to educate the community about the services hospitals offer, and to keep the public up to date on technological advances in the healthcare field.

Why We Celebrate

- To recognize the 5,000 hospitals, health care systems, networks, and others who provide care to their community.
- Our caregivers have taken on unimaginable challenges and have risen to the occasion repeatedly.
- We think it is essential that others see the impact hospitals have made on communities, especially in the wake of the COVID-19 pandemic.

From May 10-16, we invite you to celebrate National Hospital Week by recognizing and celebrating hospitals, health systems, and the people who work for them.



This week and every week, we recognize the unwavering dedication of healthcare workers.

Quote of the Month

“When the sun is shining I can do anything; no mountain is too high, no trouble too difficult to overcome” Wilma Rudolf



Dave Polifka
Chairperson



Terry Ostmeyer
Vice-Chairperson

MISSION STATEMENT

Gove County Medical Center is committed to providing exceptional healthcare services delivered in a spirit of compassionate care.

VISION STATEMENT

Gove County Medical Center will be a prominent healthcare provider in Northwest Kansas offering services which encompass the complete life cycle of our patients, residents and their loved ones.

THE 4 AGREEMENTS

- ~ Be impeccable with your words.
- ~ Don't take anything personally.
- ~ Don't make assumptions.
- ~ Always do your best.

CORE VALUES

Respect
Compassion
Quality Healthcare
Innovation
Accountability
Community



Cheryl Remington
Treasurer



Deana Zerr
Secretary



Greg Beougher
Member

GCMC's Board of Trustees is a leadership team that is comprised of a diverse group of individuals passionate about providing access to healthcare regardless of the challenges that come with rural hospitals.

The Pulse

Departmental Recognitions



**Gove County
Medical Center**

Committed to Others. Always.

EMPLOYEE RECOGNITIONS

We would like to recognize
the employees from the
Early Learning Center, and
Acute Nursing

Early Learning Center



From Left to Right

Front row: Tara Perez, Shayla Stuenkel, Emma Jones.

Back row: Claudia Bentham, Katie Waldman, Emma Eilert, Liz Dilka

Not Pictured: Raegan Mattke, Karrissa Haldeman, Emma Zerr, Cara Hudson, Michaela Depenbusch, RaeAnn Mattke, Jadelyn Betz, Tiff Ochs, Brandi Klen, Heather Zerr

Acute Nursing



From Left to Right

Front row: Shelly Dinkel, Laura Cooksey, Amber Baxter, Ellie Anderson.

Back row: Lynette Guisinger, Carol Zahn, Aminda Brunner, Michelle Drexler, Aubrey Roesch

Not pictured: Kylie Ritter, Shawna Koehn, Allyssa Brungardt, Sydney Jacques, Brittany Chapin, Chris Weigel, Hannah King, Sandie Bradshaw, Karina Lara,

Jonathan Sturgelon, Aubrey Werth, Andi Johnson, Shannon Corwin, Kendra Haffner, Lauree Johnson, Aida Racette, Deena Woodall, Sydney Winter

Thank you to each employee
from these departments for
your dedication and service
to our patients at GCMC.
You are appreciated.

Celebrating Success: A Quarter Without Patient Falls

We're thrilled to announce a remarkable milestone here at GCMC: a full quarter without any patient falls! This achievement is a testament to the dedication and commitment of our entire staff to prioritize patient safety above all else.

Patient falls pose a significant risk in healthcare settings, often leading to injuries and complications that can prolong hospital stays and impact overall patient well-being. Preventing falls requires a multidisciplinary approach, and our team has worked tirelessly to implement best practices and innovative strategies to ensure the safety of every individual under our care.

Best Practices to Prevent Patient Falls:

1. **Risk Assessment:** Conduct a thorough fall risk assessment. This assessment helps us identify individuals who may be at higher risk of falling and allows us to tailor our interventions accordingly.
2. **Communication:** Effective communication among staff members is crucial in preventing falls. We emphasize the importance of sharing pertinent information about patient mobility, medications, and any environmental factors that may contribute to fall risk. Also, we encourage patients to report any changes in mobility or balance to their healthcare providers.
3. **Education:** Both patients and their families are integral partners in fall prevention. We provide education on fall risks, encourage patients to use call bells for assistance, and offer guidance on safe mobility practices.
4. **Environment Modification:** Our hospital environment plays a significant role in patient safety. We regularly assess and modify our facilities to minimize hazards such as slippery floors, cluttered hallways, and inadequate lighting.
5. **Mobility Assistance:** Patients who require assistance with mobility receive personalized care plans that include measures to prevent falls. This may involve the use of mobility aids, such as walkers or wheelchairs, and assistance from trained staff members.
6. **Staff Training:** Our staff undergoes rigorous training on fall prevention strategies and techniques. This includes proper techniques for assisting patients with transfers and mobility, as well as protocols for responding to fall risks promptly.

Preventing patient falls not only enhances safety but also significantly contributes to the quality of care we provide. By reducing the incidence of falls, we minimize the risk of injuries and complications that can prolong hospital stays and adversely affect patient outcomes. This achievement reflects our continuous efforts to uphold the highest standards of quality and safety in healthcare delivery.

Thank you to our dedicated staff for their commitment to patient safety.



**The
Specialty Clinics**



**Gove County
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Committed to Others. Always.

Specialty Clinics
**YOUR HEALTH
IS OUR
PRIORITY**

This Month's Clinics

- Diabetic Clinic May 1st
- Orthopedic Clinic Dr. Harbin May 3rd
- Surgical Clinic Dr. Gabel May 6th
- Surgical Clinic Dr. Schultz May 9th
- Holistic Pain Management May 10th
- Holistic Pain Management May 14th
- Podiatry Clinic May 16th
- Surgical Clinic Dr. Gabel May 20th
- Cardiology Clinic Dr. Wagle May 21st
- Diabetic Clinic May 23rd
- Holistic Pain Management May 24th
- Holistic Pain Management May 28th

**DOCTORS
AVAILABLE**



CALL US NOW!
785-754-5154
WWW.GCMC.ORG

COMMITTED TO OTHERS. ALWAYS.

Enhancing lives through person-centered care.
Providing the right care, at the right time, in the right setting -
Close to home

A novel blood test for colorectal cancer screening appears effective in clinical trial data, but questions remain about how it can be utilized.

Colorectal cancer screening has a reputation for being difficult, but a new type of screening could make the process as easy as giving some blood. It could even be done during a regular check-up with your doctor.

Researchers found that a type of blood test known as a cell-free DNA blood-based test or cfDNA test was able to detect colorectal cancer in 83% of patients who had the disease. The detection rate is similar to an already widely used at-home screening test known as a fecal immunochemical (FIT) test, which is accurate in about eight out of 10 cases.



Colonoscopies remain the “gold standard” for colorectal cancer detection and prevention but require significantly more time, scheduling, and preparation. A colonoscopy is able to accurately identify colorectal cancer in about 95% of cases. What the test does not do is test for precancerous lesions or polyps, which can develop into cancer. For precancerous lesions, the test only detected about 13% of cases. It is important to understand that this is not a cancer prevention test. Cell-free DNA blood-based tests work by detecting small DNA fragments in the blood that may be emitted by tumors or other cancerous tissue.

Colorectal cancer is the second-leading cause of all cancer-related deaths. Despite how deadly the disease is, many adults do not adhere to recommended screenings. Less than 60% of adults ages 45 to 75 receive those screenings, even though these screenings could prevent an estimated 35,000 deaths (nearly 70%) annually due to colorectal cancer. While colonoscopies are incredibly accurate at detecting precancerous lesions and colorectal cancer, many simply will ignore them because of the hassle.

The Bottom line is that a new blood test is able to detect colorectal cancer in about 83% of cases, similar to some at-home screening tests and Colorectal cancer is one of the most deadly forms of cancer, but not enough adults regularly screen for it.

Experts believe the new test could help bridge the gap of accessibility and get more adults screened regularly.



IN SYMPATHY

We would like to express our deepest condolences to our employees Liz McDonald on the loss of her niece Mary Good, Alex Hargitt on the loss of her grandmother Eileen Gosser, and Sandie Bradshaw on the loss of her father-in-law Ronald (Ron) Bradshaw. We pray God gives you comfort in this difficult time.

May Birthdays

Brianna Miller	5-1
Aminda Brunner	5-3
Conner Fiscarelli	5-4
Trish Clark	5-6
Melanie Windholz	5-7
Flo Quint	5-11
Julie Litfin	5-16
Emily Ochs	5-18
Hannah King	5-19
Carol Zahn	5-20
Leann Meiar	5-21
Dustri Brown	5-22
Carrie Ringer	5-22
Tammy Marshall	5-25
Shelly Dinkel	5-26
Rene' Johnson	5-26
Shirley Haffner	5-28
Megan Weidner	5-29

May Anniversaries

18 YEARS
Amber Yingling

10 YEARS
April Bantiyan

8 YEARS
Shayla Stuenkel

6 YEARS
Tiff Ochs

4 YEARS
Alex Hargitt
Aubrey Werth

2 YEARS
Jerry Gallentine

EMPLOYMENT OPPORTUNITIES

ACUTE CARE

RN - FT *Nights /PRN Days/Nights*
Charge Nurse - FT *Nights*

LAB

Lab Manager - FT

EARLY LEARNING CENTER

Lead Teacher I - FT & PRN

PUBLIC TRANSPORTATION

Transportation Van Driver - PRN

HUMAN RESOURCES

Human Resources Manager - FT

BUSINESS OFFICE

Staff Accountant/AP - FT
Business Office Clerk - FT

DIETARY

Cook - FT

MAINTENANCE

MAINTENANCE SPECIALIST - FT

RESPIRATORY THERAPY

Respiratory Therapy Manager - FT

CLINIC

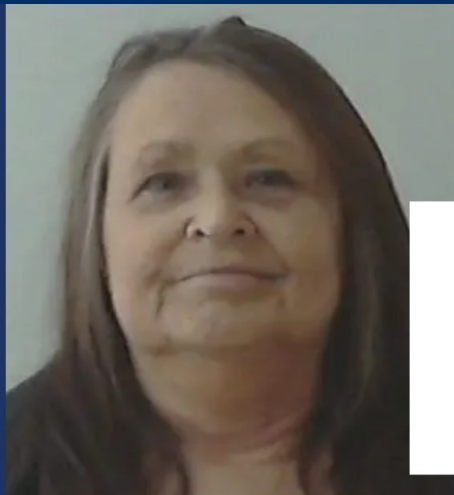
Clinic Registered Nurse (RN) - FT
Clinic Licensed Practical Nurse (LPN) - FT
Clinic Non-Certified Medical Coder - FT

CONGRATULATIONS

Congratulations to Liz and Darien Dilka on the birth of their baby boy, Kamdyn Lockard Dilka, born 4/16/24. Weight: 6 lbs. 4.4 oz. Length: 19"



WELCOME YOUR NEW CO-WORKER



WELCOME TO
**THE
TEAM**

Mary Gerstner

Cook

Please help us in welcoming Mary Gerstner to our team at GCMC. Mary formerly worked at GCMC quite a few years in the past, but eventually moved away. Up until recently, Mary lived in Nebraska but moved back to her hometown of Quinter. She took at job at the Gove County Advocate where she has been employed for the last year. Mary came to work at GCMC with the hopes of bettering herself and is ready for a change.

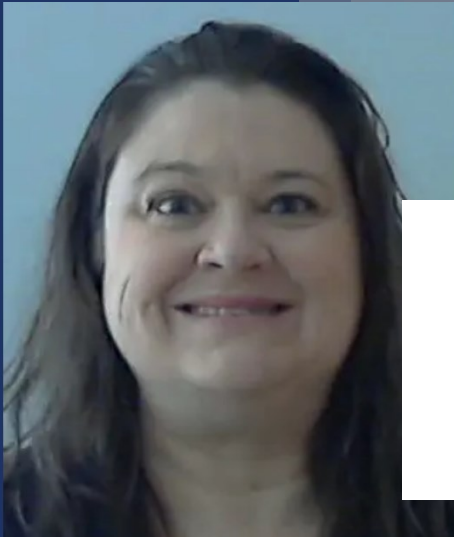


WELCOME TO
**THE
TEAM**

Angie Calvin

EVS Technician

Please help us in welcoming Angie Calvin to our team at GCMC. Angie previously worked at Logan County Hospital in housekeeping and in WaKeeney before that as a housekeeper. Angie came to GCMC because she lives in WaKeeney and working in Quinter will be a shorter drive. She also said working in Quinter will allow her to spend more time at home with her three teenaged children. Angie is excited about a different atmosphere meeting different people, and in a different location..



WELCOME TO
**THE
TEAM**

Laura Kahle

Acute Care RN

Please help us in welcoming Laura Kahle to our team at GCMC. Laura lives in Oakley and has worked at the Logan County Hospital as an RN for the past 15 years. Laura stated that she began her healthcare career as a CNA at GCMC and worked here during nursing school. Laura has 2 grown children and 4 grandchildren. When asked what made her want to take a PRN position with GCMC, she stated that she is excited about the Obstetrics program that is offered by the facility and she loves the atmosphere of a small town hospital.



WELCOME TO
**THE
TEAM**

Jessa Borger

Lead Teacher

Please help us in welcoming Jessa Borger to our team at GCMC. Jessa previously worked at GCMC as a Long Term Care CNA and for a short term at Bluestem Clinic. Jessa has also been working as a CNA at the Goodland hospital, but will be going part-time there and full-time at GCMC. She recently finished her education to be a Medical Assistant but decided to go take another path. She said she loves GCMC because of the open and friendly atmosphere.