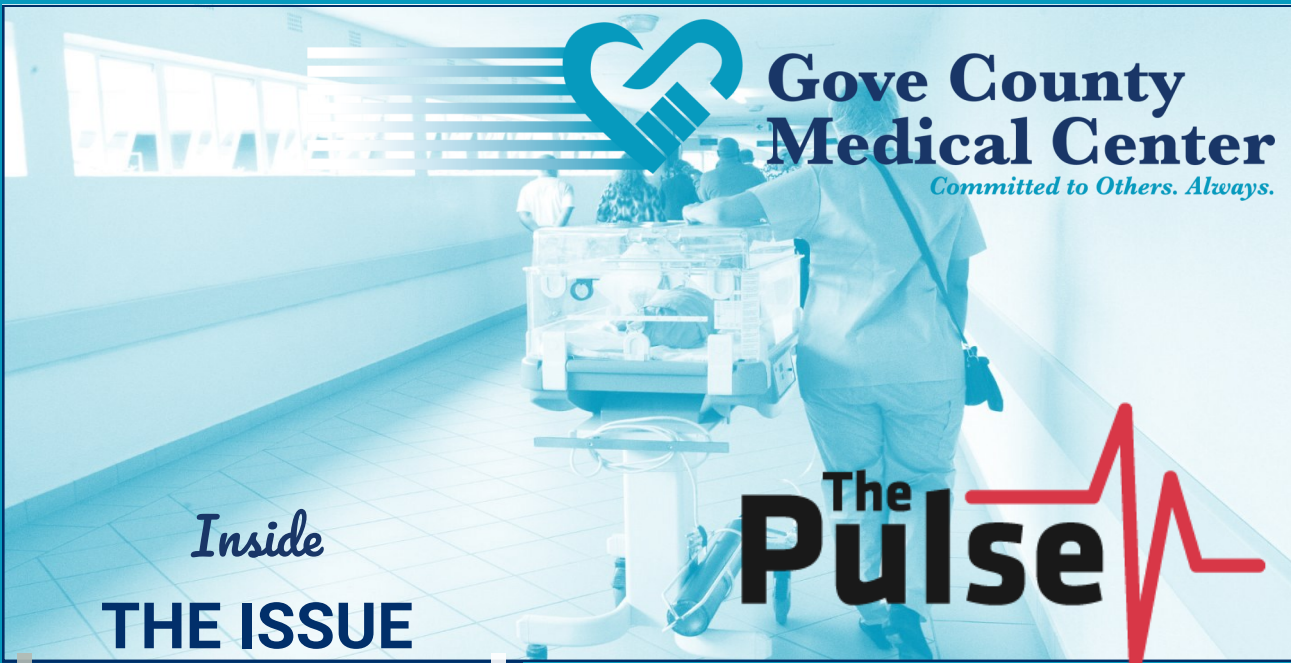


News letter

ISSUE | 4 | April 2024



- Calendar of Events
- Specialty Clinics Schedule
- Awareness Month
- New Employees
- Department Recognitions

Gove County Medical Center

Welcome to the Pulse Newsletter. Here you will find the latest news from the hospital including opportunities and trends.

Gove County Medical Center's dedication to individual attention and superb care drive every interaction we have with our patients, our neighbors, and our fellow caregivers.

We are here to make a difference.



Health News

The latest in news for healthcare



Employment Opportunities

Make sure to see the featured job of the month



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APRIL

Calendar of Events

- 1ST** *PFAC Mtg. 4:30pm*
- 4TH** *Policy Mtg. 10am*
- 9TH** *DM Meeting 1pm*
Charge Nurse Mtg. 3pm
Nursing All Staff Mtg. 4pm
- 16TH** *Med. Surge Exercise 9am*
Recruit & Ret. Mtg. 12pm
- 17TH** *Orientation 8am*
Body Mechanics 11am
Active Threat 12:15pm
- 18TH** *Policy Mtg. 10am*
- 24TH** *CPR 8am*
- 26TH** *BOT Mtg. 8am*
- 30TH** *QEC Mtg. 8am*



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The Pulse

Our Providers



Michael E. Machen, MD



Douglas J. Gruenbacher, MD



Shelly L. Gruenbacher, MD



Anna Rempel, MD



Scott Rempel, MD



Jamie Mense, APRN



Cardiology
Dr. Wagle



Podiatry
Dr. Hinze



Cardiology
Dr. Hagley



General Surgery
Dr. Schultz



General Surgery
Dr. Gabel



Diabetic/Dietitian/Nutrition
Janette Burbach, MS RD CDE



Orthopedics
Dr. Harbin



Anesthesiology
Melissa Albers, CRNA

The Pulse

Welcome Reception

Thank you to everyone who came out to Jamie Mense's Welcome Reception at the Feedlot Monday evening March 12th. It was great to see the community support for the Grainfield Clinic. We would like to extend a special thanks to the Feedlot for hosting the reception and providing wonderful refreshments. Jamie will be seeing patients in Grainfield Mondays 7am-5pm, Wednesdays 8:30am-5pm, and Thursdays 8:30am-5pm. For an appointment call 785-754-3333.



Welcome Jamie!



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The Pulse Occupational Therapy Month



Occupational Therapy Enables People of All Ages to Participate in Daily Living

Occupational therapists focus on the things you want and need to do in your daily life. Occupational therapy intervention uses everyday life activities (occupations) to promote health, well-being, and your ability to participate in the important activities in your life. This includes any meaningful activity that a person wants to accomplish, including taking care of yourself and your family, working, volunteering, and going to school, among many others. Occupational Therapists are generally specialists in conditions that affect the elbow, wrist, hand, and shoulder. However, they can assist with conditions that affect the entire body.

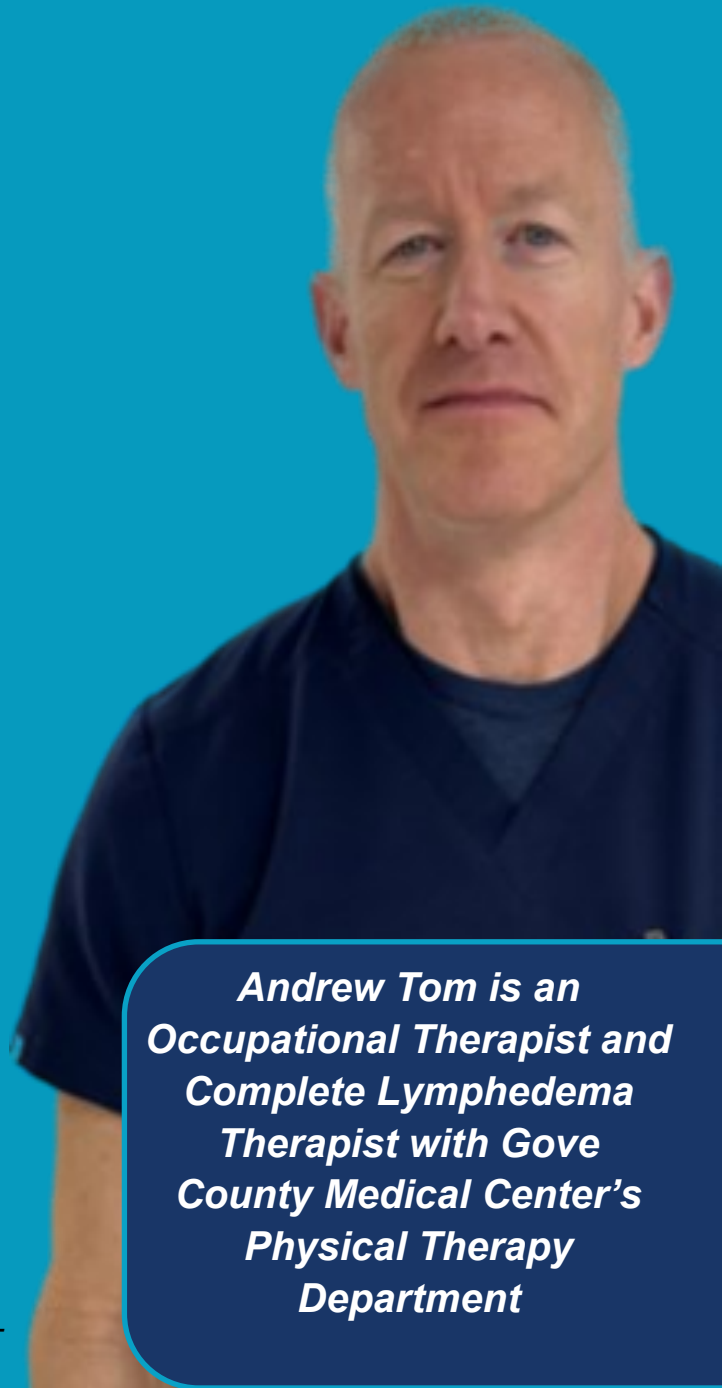
Occupational therapy services typically include:

- An evaluation made just for you that lets us know your history, life experiences, and your interests. We call this your occupational profile, and it tells us what values and activities are important to you during this conversation.
- An intervention plan that is unique to you to improve your ability to perform daily activities and reach your goals.
- An outcomes evaluation to make sure that the goals you set with your occupational therapy practitioner are being met.

Occupational therapy can help you participate in life activities (occupations) and provide recommendations for:

- Activities of daily living (such as bathing, dressing, and eating)
- Adaptive equipment (such as shower chairs, or equipment to make daily tasks easier)
- Caregiver and family training
- Planning and making the most of daily routines
- Returning to work, school, and leisure activities
- Techniques to aid in memory, concentration, and executive functioning (e.g., planning and prioritizing, functional cognition)
- Falls prevention and home safety and accessibility

By Andrew Tom, OTR-L, CLT



**Andrew Tom is an
Occupational Therapist and
Complete Lymphedema
Therapist with Gove
County Medical Center's
Physical Therapy
Department**

Quote of the Month

“Don’t judge each day by the harvest you reap but by the seeds that you plant.”

Robert Lewis Stevenson



Dave Polifka
Chairperson



Terry Ostmeyer
Vice-Chairperson

MISSION STATEMENT

Gove County Medical Center is committed to providing exceptional healthcare services delivered in a spirit of compassionate care.

VISION STATEMENT

Gove County Medical Center will be a prominent healthcare provider in Northwest Kansas offering services which encompass the complete life cycle of our patients, residents and their loved ones.

THE 4 AGREEMENTS

- ~ Be impeccable with your words.
- ~ Don't take anything personally.
- ~ Don't make assumptions.
- ~ Always do your best.

CORE VALUES

Respect
Compassion
Quality Healthcare
Innovation
Accountability
Community



Cheryl Remington
Treasurer



Deana Zerr
Secretary



Greg Beougher
Member

GCMC's Board of Trustees is a leadership team that is comprised of a diverse group of individuals passionate about providing access to healthcare regardless of the challenges that come with rural hospitals.

“RISK”y Business – Why Incident Reporting Is So Important

C Common things heard in the Hospital Risk Management profession: “I don’t want written up” or “an incident report is a write up.” These common feelings about incident reports and Risk Management can actually hinder efforts to improve patient safety, quality reporting measures, risk of litigation and reimbursement.

At Gove County Medical Center, reporting an incident is not about writing someone up. As we all learned in orientation, in 1986, Kansas Laws made it mandatory for all hospitals to implement risk management and develop a Risk Management Plan (K.S.A. 65-4922). In fact, in order to renew our hospital license annually, we have to submit the approval letter from the State of Kansas that our Risk Plan meets all required criteria.

Risk Assessment Questions

- ✓ What adverse incidents could potentially happen?
- ✓ What consequences can't be avoided if the events were to occur?
- ✓ How can we reduce the likelihood of these events?
- ✓ What would the outcomes be if they did happen?
- ✓ If healthcare providers cannot prevent this event, what's the best way to mitigate its consequences?
- ✓ How probable is it that those situations could occur?

What is Risk Management and why do we need it ?

- Active effort of avoiding negative results, eliminating problems that may result in harm to patients, staff, guests and the organization.
- Process to improve the quality of patient care and maintain a reasonably safe environment.
- Proactively reviewing practices in every department throughout the organization to eliminate risk events.
- This includes you. As you go about your daily work routine, you should be alert to seeing what is around you that could create a hazard.
- Proactive includes reporting the “near misses” / “good catches” and being a part of the action plan to improve the process.

Recognizing our excellence through near miss / good catch reporting. Don’t forget that the Quality Data Check also captures when we avert or avoid incidents. This is also reported daily in Gove County Medical Center’s Safety Huddle.

By Ericka Nicholson, Risk Manager

The Pulse

Departmental Recognitions



ADMINISTRATION

From Left to Right

Conner Fiscarelli
Doreen Wente
Wade Richard
Rob LaPierre



INFORMATION TECHNOLOGY

From Left to Right

Justin Atwell
Brad Mullins

EMPLOYEE RECOGNITIONS

We would like to recognize the employees from Administration and Information Technology (IT).

We also want to recognize the employees from Lab and Business Office.

Thank you to each employee from these departments for your dedication and service to our patients at GCMC. You are appreciated and we recognize you.

Lab

From Left to Right Front Row

Arle Gumban, Germaine Ramirez, Kami Miller

From Left to Right Second Row

Alana Fuller, Trish Clark

From Left to Right Third Row

Shirley Haffner, Edeline Cuarto

From Left to Right Fourth Row

Tara Thornburg, Austin Cook Not Pictured **April Bantiyan**



Business Office

On the Left

Gail Balluch, Joyce Rohr, Alex Hargitt, Natasha Flora, Hailey Mossman

On the Right

Ivy Charles, Dustri Brown

Not Pictured

Kilee Zeman





Celebrating Quality Care:

Occupational Therapy Month- April 2024

As we step into the month of April, we are not only celebrating the blooming flowers and warmer weather, but also taking a moment to recognize the invaluable contributions of occupational therapists (OTs) to our healthcare system. April marks Occupational Therapy Month, a time to honor the dedication, compassion, and expertise of these essential professionals who play a crucial role in improving the lives of patients every day.

Occupational therapy is a science-driven, evidence-based profession that enables people of all ages to participate in daily living or live better with injury, illness, or disability. This is accomplished through designing strategies for everyday living and customizing environments to develop and maximize potential.

By taking the full picture into account—a person's psychological, physical, emotional, and social make-up—occupational therapy assists people in:

- Achieving their goals
- Functioning at the highest possible level
- Concentrating on what matters most to them
- Maintaining or rebuilding their independence
- Participating in everyday activities they need to do or that simply make life worth living.

In our hospital, the Occupational Therapy Department is dedicated to upholding the highest standards of quality care. As we reflect on our practices and goals, we are committed to prioritizing several key quality measures that ensure the delivery of exceptional services to our patients.

- **Timely Orders:** We ensure swift receipt of orders from providers, enabling us to initiate tailored treatment promptly.
- **Plan of Care Signatures:** Facilitating quick signatures on treatment plans ensures seamless implementation and optimal patient care.
- **Accurate Documentation:** We prioritize precise documentation of treatment times, fostering transparency and informed decision-making.
- **Timely Recertification:** Proactive recertification every 30 days or as orders near expiration maintains care continuity and patient progress.

As we celebrate Occupational Therapy Month, let us reaffirm our commitment to delivering quality care that not only meets but exceeds the expectations of our patients and their families.



The
Specialty Clinics



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Specialty Clinics
**YOUR HEALTH
IS OUR
PRIORITY**

This Month's Clinics

- Surgical Clinic Dr. Gabel Apr. 1st
- Diabetic Clinic Apr. 3rd
- Surgical Clinic Dr. Schultz Apr. 4th
- Orthopedic Clinic Dr. Harbin Apr. 5th
- Holistic Pain Management Apr. 9th
- Diabetic Clinic Apr. 11th
- Holistic Pain Management Apr. 12th
- Cardiology & Surgical Clinic Apr. 15th
- Cardiology Clinic Dr. Wagle Apr. 16th
- Podiatry Clinic Dr. Hinze Apr. 18th
- Holistic Pain Management Apr. 23rd
- Diabetic Clinic Apr. 25th
- Holistic Pain Management Apr. 26th

**DOCTORS
AVAILABLE**



CALL US NOW!
785-754-5154
WWW.GCMC.ORG

COMMITTED TO OTHERS. ALWAYS.

Enhancing lives through person-centered care.
Providing the right care, at the right time, in the right setting -
Close to home

Weight Loss Drug FDA Approved to Reduce Heart Disease Risk

The blockbuster weight loss drug Wegovy is now approved to reduce heart disease risk, according to drug maker Novo Nordisk.

The Food and Drug Administration (FDA) has updated the drug's label, saying that Wegovy can be prescribed to reduce a person's risk of heart attack and stroke, the company said.

Heart disease is the leading cause of death in the United States, according to the Centers for Disease Control and Prevention.

The change comes after, in a late-stage clinical trial of more than 17,000 adults, Novo Nordisk found that Wegovy cut the risk of cardiovascular events — such as heart attack and stroke — by 20% compared to a placebo. All of the people in the trial were overweight or had obesity, and had a history of heart disease.

The label change could mean that more employers and insurers are persuaded to cover the medication.

Many have been hesitant to cover the pricy drug for weight loss.

Wegovy, along with other weight loss medications, such as Eli Lilly's Zepbound, are typically not covered by insurance; Medicare, by law, is barred from covering them.

The approval, Novo Nordisk said, makes Wegovy the first therapy approved in the United States to help people manage their weight and reduce heart disease risk.

Wegovy contains semaglutide, the same active ingredient found in the popular diabetes drug Ozempic, which is often prescribed off-label for weight loss. Both are manufactured by Novo Nordisk.

The company said it plans to ask the Food and Drug Administration to add cardiovascular benefits to Wegovy's drug prescription label later this year.

“Wegovy cut the risk of cardiovascular events — such as heart attack and stroke — by 20% compared to a placebo.”





EMPLOYMENT OPPORTUNITIES

ACUTE CARE

RN - FT *Nights /PRN Days/Nights*
Charge Nurse - FT *Nights*

LAB

Lab Manager - FT

EARLY LEARNING CENTER

Lead Teacher I - FT & PRN

PUBLIC TRANSPORTATION

Transportation Van Driver - PRN

HUMAN RESOURCES

Human Resources Manager - FT

BUSINESS OFFICE

Staff Accountant/AP - FT

DIETARY

Cook - FT

MAINTENANCE

MAINTENANCE SPECIALIST - FT

RESPIRATORY THERAPY

Respiratory Therapy Manager - FT

ENVIRONMENTAL SERVICES

EVS Technician - FT

CLINIC

Clinic Registered Nurse (RN) - FT
Clinic Licensed Practical Nurse (LPN) - FT



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April Birthdays

Nicole Walt	4-3
Tara Perez	4-8
April Bantiyan	4-9
Raegan Mattke	4-9
Emma Jones	4-11
Karissa Haldeman	4-13
Andi Johnson	4-15
Kendra Haffner	4-17
Emma Haase	4-19
Will Prinsloo	4-19
Allyssa Brungardt	4-24
Collett Spencer	4-26
Ivy Charles	4-28
Harry Sturgeon	4-28

April Anniversaries

<u>22 YEARS</u>
Cindy Knouf
<u>16 YEARS</u>
Melinda Howard
<u>9 YEARS</u>
Patty Gallentine-Johnson
<u>8 YEARS</u>
Pam Horton
<u>2 YEARS</u>
Rae Ann Mattke

The
New Employees



WELCOME YOUR NEW CO-WORKER



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www.gcmc.org



WELCOME TO
**THE
TEAM**

Jo Ann Wachendorfer

Clinic LPN

Please help us in welcoming Jo Ann Wachendorfer to our team at GCMC. Jo Ann lives in Rexford with her husband and her four Huskies. She has been a nurse for two years and a CNA for eight years prior to that. She formerly worked as an agency nurse where she was on call all the time. Most of her prior work experience has been in a Long Term Care setting. She said she is excited about the new challenges of working in a clinic setting. Jo Ann will be working most of the time with Jamie Mense at the Grainfield Clinic. Some might remember her husband Cole who worked at GCMC on the acute side several years ago. She said she came to GCMC on the suggestion of her husband and the job is closer to home. She is looking forward working with her new co-workers.