

Newsletter

ISSUE | 1 | January 2024



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Kansas in the Top 15

Gove County Medical

Welcome to the Pulse Newsletter. Here you will find the latest news from the hospital including opportunities and trends.

Gove County Medical Center's dedication to individual attention and superb care drive every interaction we have with our patients, our neighbors, and our fellow caregivers.

We are here to make a difference.



Health News

The latest in news for
healthcare



Employment Opportunities

Make sure to see the
featured job of the month



**Gove County
Medical Center**
Committed to Others. Always.



DECEMBER

Calendar of Events

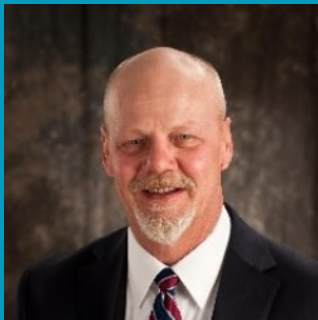
1ST	<i>New Year's Day</i>
8TH	<i>PFAC Mtg. 4:30pm</i>
9TH	<i>DM Meeting 1pm</i>
10TH	<i>Charge Nurse Mtg. 3pm</i> <i>Nursing All Staff Mtg. 4pm</i> <i>Body Mechanics 11am</i>
11TH	<i>Policy Mtg. 10am</i>
16TH	<i>Recruit. & Ret. Mtg 12pm</i>
17TH	<i>Orientation 8am</i> <i>Active Threat 12:15pm</i>
22ND	<i>Capital Budget Mtg. 1pm</i>
25TH	<i>Policy Mtg. 10am</i>
26TH	<i>Board of Trustees Mtg. 8am</i>
30TH	<i>QEC Day 8am</i>



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The Pulse

Our Providers



Michael E. Machen, MD



Douglas J. Gruenbacher, MD



Shelly L. Gruenbacher, MD



Anna Rempel, MD



Scott Rempel, MD



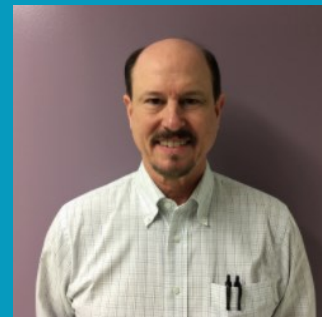
**Cardiology
Dr. Wagle**



**Podiatry
Dr. Hinze**



**Cardiology
Dr. Hagley**



**General Surgery
Dr. Schultz**



**General Surgery
Dr. Gabel**



**Diabetic/Dietitian/Nutrition
Janette Burbach, MS RD CDE**



**Orthopedics
Dr. Harbin**



**Anesthesiology
Melissa Albers, CRNA**

The Pulse

Board of Trustees

Quote of the Month

"If you believe in yourself and have dedication and pride - and never quit, you'll be a winner. The price of victory is high but so are the rewards."

Bear Bryant



Dave Polifka
Chairperson



Terry Ostmeyer
Vice-Chairperson

MISSION STATEMENT

Gove County Medical Center is committed to providing exceptional healthcare services delivered in a spirit of compassionate care.

VISION STATEMENT

Gove County Medical Center will be a prominent healthcare provider in Northwest Kansas offering services which encompass the complete life cycle of our patients, residents and their loved ones.

THE 4 AGREEMENTS

- ~ Be impeccable with your words.
- ~ Don't take anything personally.
- ~ Don't make assumptions.
- ~ Always do your best.

CORE VALUES

Respect
Compassion
Quality Healthcare
Innovation
Accountability
Community



Cheryl Remington
Treasurer



Deana Zerr
Member



Greg Beougher
Member

GCMC's Board of Trustees is a leadership team that is comprised of a diverse group of individuals passionate about providing access to healthcare regardless of the challenges that come with rural hospitals.

The Pulse Employee Gala

On December 2nd, an Employee Gala was held by GCMC to honor and recognize employees for their years of service. The Gala was also a gathering to bring in the holiday season. Thank you to the committee for all your hard work to put this event on. Thank you to the recognized employees for your years of service and dedication to our hospital.



The
Featured Job

nurse

STARTING

**WE'RE
HIRING WAGE
\$15.25**



**Gove County
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Gove County Early Learning Center **- Early Childhood Education Lead Teacher -**

- *Support growth & development utilizing a research based curriculum*
- *Full-Time Positions Available*
- *No Weekends or Holidays*
- *Competitive Wages*
- *Excellent Health Insurance*
- *Paid Parental Leave*
- *Paid Time Off & Extended Illness Leave*



Experience in early childhood education preferred but not required, willing to provide on-the-job training for the right candidate.

APPLY TODAY!
www.gcmc.org



Patient Education Improves Outcomes & Reduces Readmissions

It's a family's nightmare: a car accident. It happened to one pediatrician and his child. The pediatrician was okay, but his young daughter complained that her head hurt, so they went to the ER. While the ER doctor looked over the little girl, she recognized the pediatrician and began using high-level medical terminology to explain her assessment. The pediatrician held up his hand and said, "Stop. Please explain this in simple terms. I'm a father today, not a pediatrician."

If a doctor experiencing a medical crisis wants simple medical explanations, imagine how important it is for patients who are often faced with highly technical or woefully bare-bones health information. How can anyone take care of themselves—or their loved ones—if they don't even understand what's going on?

Not only does effective health education help patients understand and stay safe when they need it most, it also helps improve outcomes and reduce readmissions.

Many healthcare organizations have specific goals around improving outcomes and reducing readmissions. Ensuring patients have education that prepares them to take care of themselves helps the patients and the bottom line. Studies have shown that patients who are provided with quality education are more likely to have successful recoveries and adhere to care regimens.

One example of how knowledge spells cost savings is related to wound management. According to the CDC, 1 in 31 patients in hospital facilities has a hospital-acquired infection (HAI). HAIs in U.S. hospitals have direct medical costs of at least \$28.4 billion each year. HAIs also account for an additional \$12.4 billion in costs to society from early deaths and lost productivity. Two of the main risk factors for contracting an HAI are not adhering to best practices for prevention and overuse or improper use of antibiotics. Two of the ten strategies to combat HAIs are promoting appropriate antibiotic use and educating patients.

Not only do patients who receive health education have better outcomes, they're more satisfied with the organizations that provide it. Patient education can improve patient satisfaction scores related to better communication with doctors and nurses as well as having a better understanding of discharge information and how to take medicines. Inconsistent or unintelligible information can leave patients and their loved ones feeling like they're not receiving quality care. Preparing and educating patients along their journey means they have more confidence in care and feel more comfortable with their experience.

The pediatrician just wanted understandable medical information about his loved one. Most patients are the same. Improved quality health education empowers patients to better serve themselves and improves health systems by improving patient health.



The
nurse
Specialty Clinics



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Specialty Clinics

YOUR HEALTH IS OUR PRIORITY

This Month's Clinics

- ✓ Mammograms Jan. 2nd
- ✓ Diabetic Clinic Jan. 3rd
- ✓ Surgical Clinic Dr. Schultz Jan. 4th
- ✓ Orthopedic Clinic Dr. Harbin Jan. 5th
- ✓ Surgical Clinic Dr. Gabel Jan. 9th
- ✓ Holistic Pain Mgmt. Jan. 12th
- ✓ Holistic Pain Mgmt./Cardiology Clinic Jan. 16th
- ✓ Surgical Clinic Dr. Gabel Jan. 17th
- ✓ Podiatry Clinic Dr. Hinze Jan. 18th
- ✓ Diabetic Clinic Jan. 25th
- ✓ Holistic Pain Mgmt. Jan. 26th
- ✓ Holistic Pain Mgmt. Jan. 30th

**DOCTORS
AVAILABLE**



CALL US NOW!

785-754-5154

WWW.GCMC.ORG

COMMITTED TO OTHERS. ALWAYS.

Enhancing lives through person-centered care.
Providing the right care, at the right time, in the right setting -
Close to home

The Pulse



JANUARY NATIONAL BLOOD DONOR MONTH

The month of January is usually a period of critical blood shortages. People stop donating blood during the holidays and when they get sick during cold and flu season. Blood drives also get snowed out during the winter months.

Help ensure that this lifesaving resource is readily available to patients during this time. Find a location to give blood and schedule your life-saving donation appointment today.

Blood donation is a national concern. More than 50 years ago, on December 31, 1969, President Nixon signed a proclamation designating January as National Blood Donor Month (NBDM). The new monthly observance was

meant to honor voluntary blood donors and to encourage more people to give blood at a time when more blood is needed.

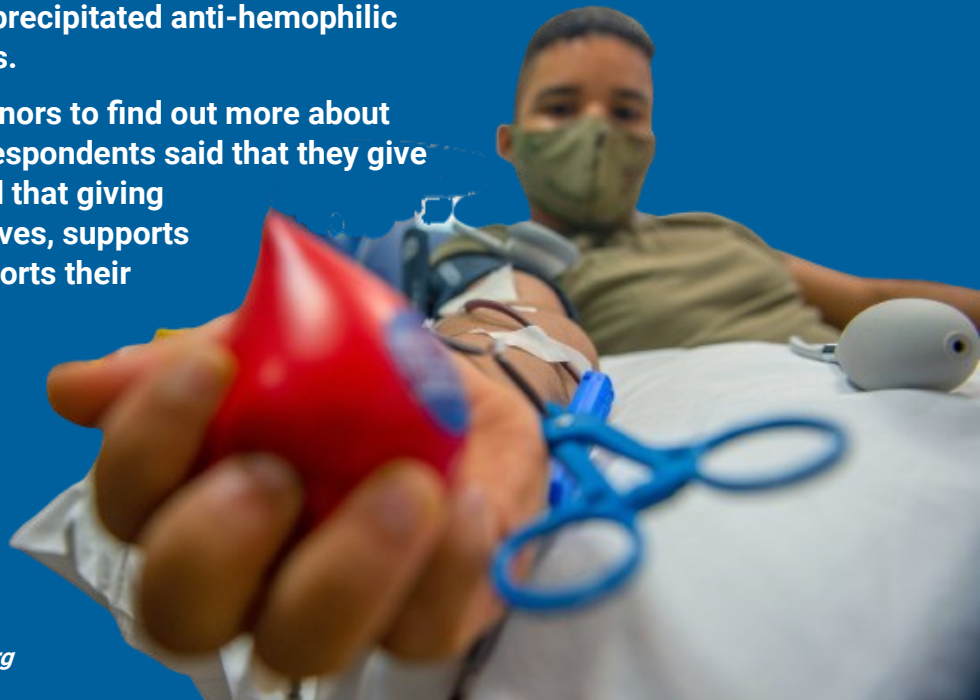
A blood donation is truly an altruistic gift that an individual can give to others in need. In only 45-60 minutes, an eligible individual can donate one unit of blood that can be separated into four individual components that could help save multiple lives.

From one unit of blood, red blood cells can be extracted and used to treat patients who lost blood due to trauma or those who are recovering from surgery. Plasma, the liquid part of blood, is typically administered to patients with requiring treatment to improve blood clotting. Platelets, a third component, clot the blood when cuts or other open wounds occur, and are often used in the treatment of patients with cancer or those undergoing organ transplants. Finally, cryoprecipitated anti-hemophilic factor (AHF) is also used for clotting factors.

A study surveyed more than 5,000 blood donors to find out more about why they donate blood. Nearly 75% of the respondents said that they give blood to help others. Respondents also said that giving blood makes them feel good about themselves, supports their local communities and hospitals, supports their community, and “pays back” society for the times when they or their families have needed blood transfusions in the past.

This month’s awareness is to encourage those who are eligible to donate blood or blood components regularly to ensure that this lifesaving resource is available for patients whenever and wherever it is needed.

Source www.aabb.org



A recent study from Forbes Health ranked 49 states and the District of Columbia by their emergency healthcare infrastructures, with Maine landing in the top spot.

Best & Worst States for Emergency Healthcare

before leaving the visit; percentage of patients who arrive at the ED with stroke symptoms and receive brain scan results within 45 minutes; and median number of minutes that lapse before patients with chest pain or a possible heart attack needing specialized care are transferred to another hospital. Hawaii was the only state excluded due to lack of available data.

The 15 Best States for Emergency Healthcare

1. Maine
2. South Dakota
3. Oklahoma
4. Vermont
5. Mississippi (tie)
5. Kentucky (tie)
5. Indiana (tie)
8. Arkansas
9. Illinois
10. Pennsylvania
11. North Dakota
12. Kansas
13. South Carolina
14. West Virginia
15. Missouri

The 15 Worst States for Emergency Healthcare

1. Rhode Island
2. District of Columbia
3. Maryland
4. California
5. Oregon
6. Florida
7. Washington
8. Nebraska
9. Arizona
10. Alabama
11. Michigan
12. Ohio
13. Utah
14. New Jersey
15. Virginia

Kansas Named in Top 15 States for Healthcare

EMPLOYMENT OPPORTUNITIES

Andrew & Ellie are proud
to announce the arrival of

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Lynlee Rose Anderson
November 29, 2023
weight: 7lbs 10.6oz | length: 20 1/4in

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January Birthdays

Dr. Michael Machen	1-3
Liz McDonald	1-6
Sydney Jacques	1-9
Alana Fuller	1-10
Renee Wagoner	1-10
Amber Yingling	1-11
Cindy Knouf	1-12
Tara Thornburg	1-12
Carli Smith	1-15
Rae Ann Mattke	1-19
Megan Brull	1-23
Emma Eilert	1-24
Brandon Weber	1-25
Pam Lindsay	1-26
Deena Woodall	1-28
Dr. Anna Rempel	1-29

January Anniversaries

28 YEARS

Liz McDonald

12 YEARS

Brad Mullins

8 YEARS

Aubrey Roesch

2 YEARS

Sudden Carroll
Ericka Nicholson
Aida Racette
Deena Woodall

1 YEAR

Shannon Corwin
Will Hirsch

ACUTE CARE

Patient Care Technician - FT *Nights*
RN - FT *Nights /PRN Days/Nights*

LAB

Lab Manager - FT

EARLY LEARNING CENTER

Lead Teacher I - FT & *PRN*
Rotating Lead Teacher Dietary Specialist - FT

ADMINISTRATION

Chief Financial Officer - FT

PUBLIC TRANSPORTATION

Transportation Van Driver - *PRN*

HUMAN RESOURCES

Human Resources Manager - FT

BUSINESS OFFICE

Patient Registration Clerk 1 - FT
Staff Accountant/AP - FT

CLINIC

Clinic Business Office Clerk - FT

DIETARY

Cook - *PRN*

Kadyn & Alana are proud
to announce the arrival of

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Charlie Dean Fuller
November 15, 2023
weight: 8lbs 6oz | length: 21 1/2in

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MEET YOUR NEW CO-WORKER



Brandi Klein

Position: Lead Teacher 1

Start Date: 12-9-23

Before coming to GCMC, Brandi ran a successful home daycare for eight years. She lives in Quinter where she is originally from and has three children. She came to GCMC because she missed working with a team. She said that she loves being around people and is ready for adult conversations! She said that although she is happy to be at GCMC, she is sure that she will miss the freedoms that she had by owning her own business. Welcome to GCMC!

