

NewsLetter

ISSUE | 03 | Mar 2023



Message From Our CEO

Specialty Clinics in March

Awareness Month

Spotlight Service

New Employees

Gove County Medical Center

Welcome to the Pulse Newsletter. Here you will find the latest news from the hospital including opportunities and trends.

Gove County Medical Center and Long Term Care Facility provides a comprehensive range of healthcare services, quality and compassionate care in our hospice, outpatient clinics, and telemedicine.



Technology Trends

The latest in technology trends for healthcare



Long Term Care Corner

The resident of the month and LTC activities here



Employment Opportunities

The perfect job match could be waiting just inside

The Pulse

Message From Our CEO



Message From Our CEO

I hope you enjoy the March edition of the Gove County Medical Center Pulse Newsletter.

At Gove County Medical Center, patient satisfaction is one of our top priorities. Because of this, we have made a commitment through our strategic planning process to improve the overall patient experience through the creation of a dedicated committee. This committee will be responsible for reviewing patient feedback and implementing actionable plans to improve upon your experience at Gove County Medical Center.

As a patient, you play a pivotal part in helping us to improve. Each time you are admitted as an inpatient or treated through our outpatient departments, there is a chance that you will receive a survey. This survey may come through text, email, or a letter in the mail. This survey is a very short questionnaire that provides us with your valuable feedback and assists us in identifying opportunities for improvement. I encourage everyone to fill out this survey so that we can make your experience and other patient experiences the best they can be. Have a great March and keep an eye out for your survey from Press Ganey.



Conner Fiscarelli, CEO

Gove County Medical Center

Calendar of Events

MARCH 6TH

PFAC Meeting 4:30pm

MARCH 7TH

CNO Management Team Meeting 1pm
Paylocity Recruitment Meeting
DAISY Award Meeting 2pm

MARCH 14TH

Administrative Meeting 11am
Charge Nurse Meeting 3pm

MARCH 15TH

Orientation 8am
Body Mechanics 11am
Active Threat Training

MARCH 22ND

CPR in basement 8pm & 1pm

MARCH 23RD

LTC Staff Meeting 3pm

MARCH 24TH

Board of Trustees Meeting

MARCH 28TH

QEC Day 8am
Administrative Meeting 11am
Department Managers Meeting 1pm



Gove County
Medical Center

The Pulse

Our Providers



Michael E. Machen, M.D.



Douglas J. Gruenbacher, M.D.



Shelly L. Gruenbacher, M.D.



Anna Rempel, M.D.



Scott Rempel, M.D.



Glenda Wheeler, APRN-BC



Cardiology
Dr. Wagle, MD



Podiatry
Dr. Hinze, DPM



Cardiology
Dr. Hagley, MD



General Surgery
Dr. Schultz, MD



Anesthesiology
Shelby Mollenkamp,
DNAP, CRNA



Diabetic/Dietitian/Nutrition
Janette Burbach, MS RD CDE



Orthopedics
Dr. Harbin, MD



Anesthesiology
Melissa Albers, CRNA

The Pulse

Board of Trustees

Quote of the Month

"If I have seen further than others, it is by standing upon the shoulders of giants."

Isaac Newton

STATISTICS January

Acute Care

Inpatients: 25

Outpatients: 950

Swing bed: 6

Newborns: 13

Dietary (Meals)

Inpatient: 528

LTC: 2972

ILA: 268

Employees: 1557

LTC Residents: 33

ILA Apartment Tenants: 6

Laundry Washed: 11,814

MISSION STATEMENT

Gove County Medical Center is committed to providing exceptional healthcare services delivered in a spirit of compassionate care.

VISION STATEMENT

Gove County Medical Center will be a prominent healthcare provider in Northwest Kansas offering services which encompass the complete life cycle of our patients, residents and their loved ones.

THE 4 AGREEMENTS

- ~ Be impeccable with your words.
- ~ Don't take anything personally.
- ~ Don't make assumptions.
- ~ Always do your best.

CORE VALUES

Respect
Compassion
Quality Healthcare
Innovation
Accountability
Community



Dave Polifka
Chairperson



Terry Ostmeyer
Vice-Chairperson



Cheryl Remington
Treasurer



Deb Aton
Secretary



Greg Beougher
Member

GCMC's Board of Trustees is a leadership team that is comprised of a diverse group of individuals passionate about providing access to healthcare regardless of the challenges that come with rural hospitals.



The Pulse
Spotlight Service

DO YOUR PATIENTS NEED HELP
BREATHING
EASIER?

PULMONARY FUNCTION TESTING

Gove County Medical Center's Pulmonary Function Testing measures lung volumes. It is used to help diagnose restrictive lung disease. It also evaluates obstructive lung diseases such as bullous emphysema and cystic fibrosis. In addition, it follows the course of disease and response to treatment as well as measuring the resistance to airflow and measuring the response to bronchodilator medications.

OUR SERVICES INCLUDE:

- FVC Forced Vital Capacity
- SVC Slow Vital Capacity
- DLCO Diffusing Capacity of the Lungs
- FRC Functional Residual Capacity
- Plethysmography
- Post FVC Forced Vital Capacity
- Post Plethysmography
- Body Plethysmography



The Respiratory Care Department is staffed by Respiratory Therapists that are licensed with the Kansas State Board of Healing Arts.

They work under the direction of a physician and assist in the diagnosis, treatment, and management of patients of all ages, with respiratory illnesses and other cardiopulmonary disorders and most often critically ill patients in the hospital.

For Patient Referrals

(785) 754-5179

www.gcmc.org

Committed to Others. Always.

Healing Through Caring



**Gove County
Medical Center**

The Pulse

Quality Corner

Quality Improvement Through Person Centered Care at the GCMC Long Term Care

PEAK (Promoting Excellent Alternatives in Kansas) started in 2002 as a recognition and education program to encourage providers in Kansas to adopt culture change.

In 2011, PEAK was revised and became PEAK 2.0, which was officially launched in 2012. Building on the successful history of PEAK, the Kansas Department for Aging and Disability Services (KDADS) moved in expanding directions. PEAK 2.0 replaced the phrase "culture change" with "person-centered care." The latter best describes the kind of practices KDADS wants to encourage. Additionally, PEAK 2.0 is now a Medicaid pay-for-performance incentive program. Homes that engage in system changes to support person-centered care or have demonstrated implementation of person-centered care receive financial incentives through Medicaid reimbursement. The program focuses on five domains essential to person-centered care: The Foundation, Resident Choice, Staff Empowerment, Home Environment, and meaningful Life.

KDADS contracted with Kansas State University to administer the program in 2012. KDADS continues to oversee the program and apply the incentive to Medicaid reimbursement, but Kansas State University handles administrative functions of the program, such as application, training, and evaluation of participants. In addition, the Center on Aging strives to be a support to homes as they navigate the program.

The program is open to all long-term care providers in the state of Kansas and Gove County Medical Center's Long Term Care is an active program participant.

Person-centered care is a philosophy that changes the focus of caregiving from accomplishing tasks to emphasizing the person. As a result, the personal preferences of residents become as important as providing the services and support they need.

Person-centered care requires a shift in an organization's values and beliefs about quality. Traditionally, high quality clinical care is seen as the pinnacle of a high quality nursing home. With person-centered care, high quality clinical care remains critically important, but quality of life is valued as equally important. We need to do both.

The PEAK 2.0 program focuses on five domains essential to person-centered care: The Foundation, Resident Choice, Staff Empowerment, Home Environment, and Meaningful Life.

QUALITY

VALUE

RANK



The
nurse
Specialty Clinics



Healing Through Caring



**Gove County
Medical Center**

Specialty Clinics

YOUR HEALTH IS OUR PRIORITY

This Month's Clinics

- ✓ Diabetic Clinic Mar. 1st
- ✓ Orthopedic Clinic Mar. 3rd
- ✓ Holistic Pain Management Mar. 6th
- ✓ Mammograms Mar. 7th
- ✓ Surgical Clinic Dr. Schultz Mar. 9th
- ✓ Diabetic Clinic Mar. 13th
- ✓ Holistic Pain Management Mar. 14th
- ✓ Podiatry Clinic Dr. Hinze Mar. 16th
- ✓ Holistic Pain Management Mar. 20th
- ✓ Cardiology Clinic Dr. Wagle Mar. 27th
- ✓ Holistic Pain Management Mar. 28th

**DOCTORS
AVAILABLE**



CALL US NOW!
785-754-5154
WWW.GCMC.ORG

COMMITTED TO OTHERS. ALWAYS.

Enhancing lives through person-centered care.
Providing the right care, at the right time, in the right setting -
Close to home,

The Pulse

Awareness Month



MARCH is
**DEVELOPMENTAL
DISABILITIES
AWARENESS MONTH**

"1 in 6 children between the ages of three and seventeen have one or more developmental disabilities."

March has been an important month for the disability community since 1987, when President Reagan signed a Presidential proclamation declaring it 'National Developmental Disabilities Awareness Month. After decades of advocacy and grassroots efforts, this was a major milestone that helped bring attention to the needs and potential of people with developmental disabilities. Since that time, several key pieces of legislation have passed, including the 1990 Americans with Disabilities Act which prohibits discrimination against people with disabilities in all aspects of life including, employment, housing, transportation, and government services.

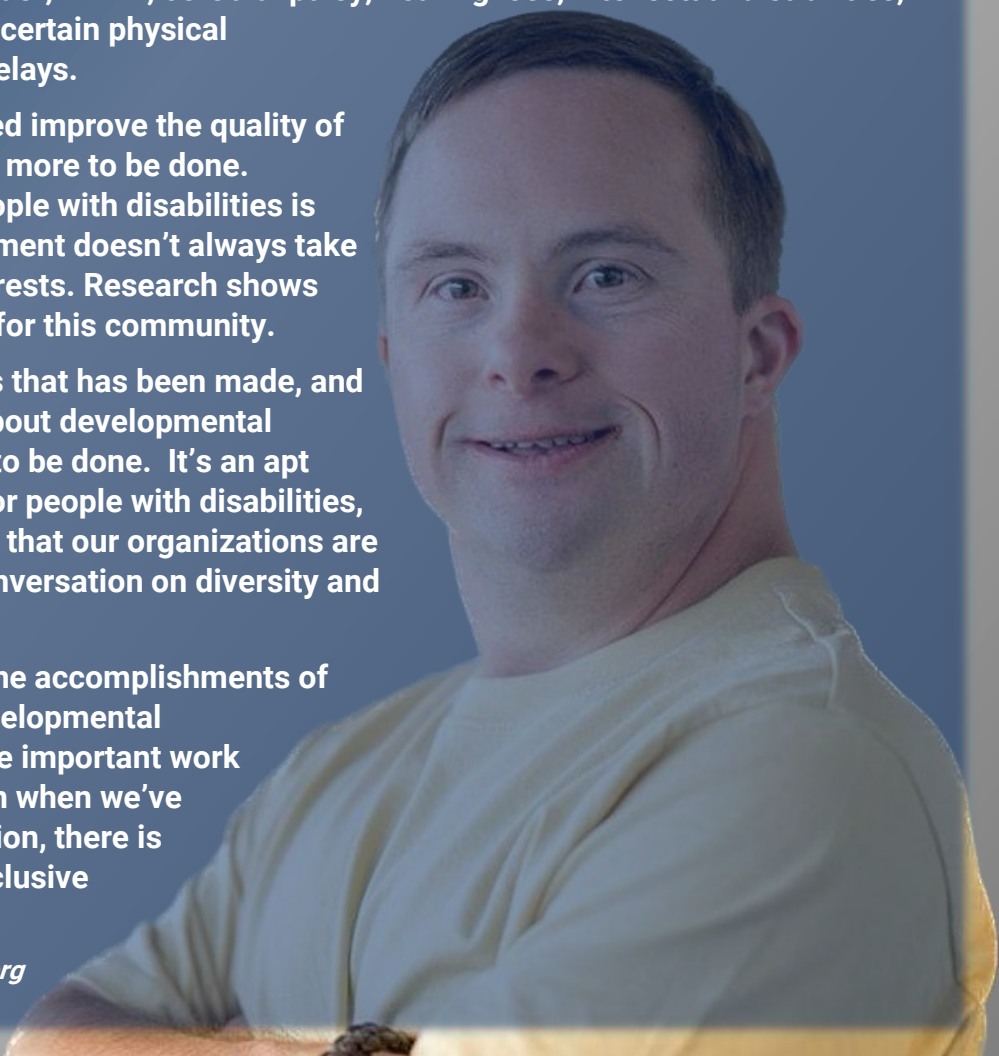
More than 6 million Americans, including 1 in 6 children between the ages of three and seventeen, have one or more developmental disabilities. Developmental disabilities are a group of conditions that appear early in life and include autism spectrum disorder, ADHD, cerebral palsy, hearing loss, intellectual disabilities, learning disabilities, visual impairments, certain physical impairments, and other developmental delays.

The progress made since 1987 has helped improve the quality of life for people with DD, but there is much more to be done. Currently, the unemployment rate for people with disabilities is 84% and the traditional model of employment doesn't always take into account a person's strengths or interests. Research shows that self-employment is often a great fit for this community.

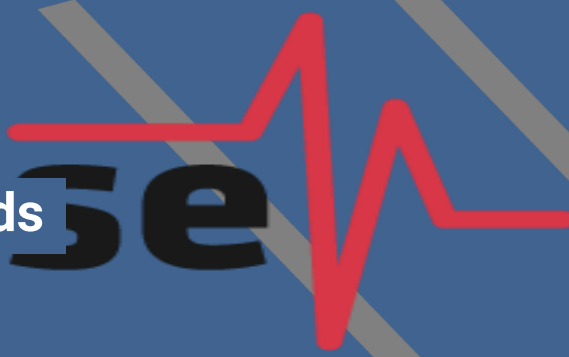
March is a time to celebrate the progress that has been made, and it's also the perfect time to learn more about developmental disabilities and the work that still needs to be done. It's an apt time to amplify awareness of inclusion for people with disabilities, and share their stories, as well as ensure that our organizations are not leaving disability out of the larger conversation on diversity and inclusion.

At the same time, we need to celebrate the accomplishments of disability activism led by people with developmental disabilities at the grassroots level and the important work that they continue to do today. Still, even when we've taken significant steps in the right direction, there is more work we need to do to create an inclusive world.

Source www.celebrateedu.org



The Pulse Technology Trends



Remember Iron Man's nanosuit technology? Well, it's no longer a myth. Nanotech application in medicine is happening as we speak. Scientists are creating nanorobots called Xenobots that can self-replicate. This can revolutionize nanomedicine.

Nanomedicine ranges from the medical applications of nanomaterials and biological devices to nanoelectronic biosensors. Another possible future application can be in the field of molecular nanotechnologies, such as biological machines.

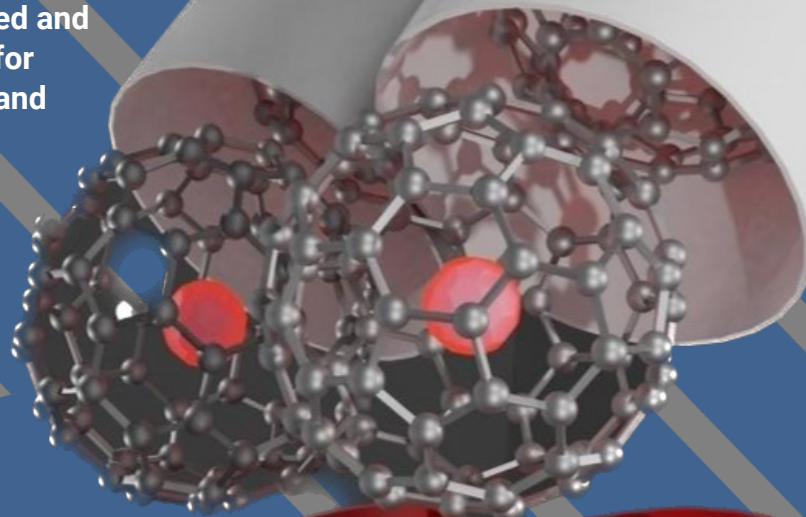
Nanomedicine is understood to be a key enabling instrument for personalized, targeted and regenerative medicine by delivering the next level of new drugs, treatments and implantable devices to clinicians and patients, for real breakthroughs in healthcare.

Beyond that, Nanomedicine provides important new tools to deal with the grand challenge of an aging population and is thought to be instrumental for improved and cost effective healthcare, one crucial factor for making medicines and treatments available and affordable to all.

Several areas of medical care are already benefiting from the advantages that nanotechnology can offer. The first nanotechnology-based targeted drug delivery systems are already on the market, others are in clinical trials or, by far the largest part, are under development. Another highly attractive area of nanomedicine is diagnostics at nanoscale. The aim is to identify a disease at the earliest possible stage. Ideally already a single cell with ill behavior would be detected and cured or eliminated.

As for any breakthrough technology, the promising possibilities that nanomedicine offers in the future have to be counterweighted against risks. Safety of nanomedicine products is regulated exactly like drugs and medical devices, clinically evaluated for their benefit/risk ratio for the patients. As any medical devices or drugs, nanomedicines are strictly regulated and have to follow thorough characterization, toxicity assessment and multi-stage clinical trials evaluating for their benefit/risk ratio before benefiting patients with their whole potential.

NANOTECHNOLOGY IN MEDICINE



"The first nanotechnology-based targeted drug delivery systems are already on the market."

The Pulse

Long Term Care Corner

Resident of the Month

Loretta (Lori) Blackwill was born October 21st at St. Anthony's Hospital in Hays, Kansas to Charles and Mattie (Thiel) Conner. She was the fifth of seven children. Her siblings include Patricia Conner, Jim Conner, Larry Conner, Gladys Conner, Kay Religa, and Karen Vail. The entire family was raised on a farm Northwest of WaKeeney, Kansas.

As a child, Lori stayed with her Aunt Verna in Collyer who taught 1st through 3rd grade at the country school. Lori later entered WaKeeney Elementary School and eventually graduated from Trego Community High School in 1954. Lori was an active member of the high school band and played clarinet at the opening of Cedar Bluff.

Lori found the love of her life while roller skating at the rink in WaKeeney. There, she met Duane Clarence Blackwill. The two married on December 30, 1955, in a small chapel at Fort Bragg, North Carolina where Duane was a member of the 82nd Airborne.

The couple eventually settled in a trailer next to Duane's parents on a farm outside of Quinter, Kansas. They would move two more times in their lives to the neighboring basement house on the farm and finally into town in 1970. The couple has five children, Cindy Breeden of Wichita, Jim (Kathy) Blackwill of Quinter, Sherry Minear of Denver, Doug (Kim) Blackwill of Omaha, and Lance (Ruth) Blackwill of Quinter.

For many years, Duane drove an 18-wheeler hauling Arizona calves out of the hills for the winter. Lori always enjoyed being in the truck with him. She also loved Collyer dances on Saturday nights. Duane would later farm in Quinter and start Duane's Diesel Service in their backyard. The shop grew to support many Blackwill families and a whole community of local farmers and truck drivers. Lori always kept a

"Lori found the love of her life while roller skating at the rink in WaKeeney."

The Pulse

Long Term Care Corner

Resident of the Month Continued



watchful eye on the shop (and the family), and never hesitated to help change fields or take meals out to the harvest field.

Lori has also had many jobs throughout her life. While Duane was in the service, she helped her brother on his farm by pulling weeds and mowing. After settling in Quinter, she worked at Ray's Pharmacy at the soda fountain, and eventually landed at the Post Office where she worked from 1970 to her retirement in 2005.

She has also been instrumental in the lives of her 20 grandchildren and 22 great-grandchildren. In the earlier days, she would host the family's Thanksgiving, serving 40+ people each year. She would also spend many hours watching the grandkids, with a video camera on her shoulder, capturing each milestone and silly moment. Through the years, Lori has been at the heart of the Blackwill clan, especially after losing Duane suddenly in 1993.

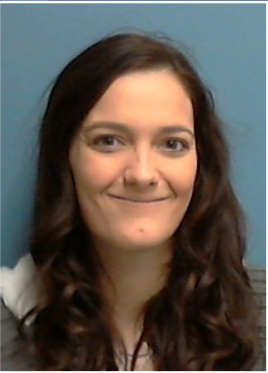
Lori is a member of the St. Michael's Catholic Church where she served as the church treasurer for many years and dressed the altars with seasonal flowers and plants. She is also an Altar Society member as well as an avid card player, and stamp collector. She loves a good bingo hall and is an expert lawn mower. Some of her greatest memories have been her trips to the Holy Land, New York City, and a family trip to Hawaii.

Lori wishes to thank all those at the Gove County Medical Center Long Term Care who have welcomed and taken good care of her. Lori stated that she is grateful to her family and the community for her beautiful life with many blessings.

The Pulse Human Resources



Meet Your New Colleagues



Katie VanCampen

Position: AP Staff Accountant

Start Date: 2-1-23

Katie formerly worked as a General Manager at a hotel in Colorado. She is married with two children. Katie came to GCMC to be closer to family and because her grandmother worked here in years past.



Megan Weidner

Position: Health Unit Coordinator (HUC)

Start Date: 2-6-23

Megan started in the medical field at age 16. She comes to GCMC from Oral & Maxillofacial Surgery where she worked as a Surgical Tech. She chose GCMC because she's heard good things about the facility.

Shawna Bailey

Position: Dietary Aide

Start Date: 2-13-23

Shawna recently worked at Center Pivot until it closed. She formerly worked at GCMC in housekeeping for two years. She came to GCMC because she loves the interaction and working with the residents in the LTC.



Lance Howard

Position: Housekeeping

Start Date: 2-13-23

Lance formerly worked at Mitten's in Oakley, Kansas and Alta in Quinter, Kansas. He chose to come to GCMC because he had heard good things about the hospital and he likes being around other people.



IT'S A GIRL!

Congratulations to our employee Lindsay Wolf and her husband Michael on the birth of their baby girl, Delaney Lovelle Wolf, born 2-21-23!

GCMC is an equal opportunity employer and offers competitive wages and an excellent benefit package. Applications are available online at www.gcmc.org or through Human Resources Gove County Medical Center
520 W 5th Street;
Quinter, KS 67752

EMPLOYMENT OPPORTUNITIES

IN SYMPATHY

We offer condolences to our following employees: Joyce Sneath for the loss of her husband, Virgil Sneath, and our hearts go out to Melinda Howard, Jerry Gallentine, and Jill Gallentine on the loss of their mother-in-law, grandmother-in-law, and great grandmother-in-law, Barbara Howard. We pray God gives each of you comfort in this difficult time.

March Birthdays

Charlene King	3-2
Ricki Wertz	3-4
Selena Gorsky	3-11
Jess Mollenkamp	3-15
Sudden Carroll	3-18
Pam Horton	3-18
Roy Litfin	3-21
Sheree Flax	3-23
Laura Cooksey	3-26
Angie Walt	3-27
Alex Campbell	3-29
Paula Sargent	3-29
Mary Good	3-30

March Anniversaries

18 YEARS
Darren Flax
15 YEARS
Bill Schneider
4 YEARS
Amber Baxter
3 YEARS
Natasha Flora
Callie Kuntz
Emily Ochs
Shawn Shepard
Kassidy Winter
Sydney Winter
2 YEARS
Megan Heier
Patti Weiland
1 YEAR
Allyssa Brungardt
Sonya Cap
Regina Dinkel
Collett Spencer
Brandon Weber

LONG TERM CARE

CNA - FT Days, Evenings & Nights \$3,500 SIGN-ON BONUS
RN/LPN FT Evenings & Nights

HOUSEKEEPING

Housekeeper - FT Days

ACUTE CARE

RN- FT Nights SIGN-ON BONUS \$10,000!
Acute Charge Nurse - Nights SIGN-ON BONUS \$10,000!
Patient Care Tech - FT Days & Nights SIGN-ON BONUS \$3,500!
Outpatient RN- FT

DIETARY

Cook - FT
Dietary Aide - FT

RADIOLOGY

Ultrasound/Radiology Tech - FT

LAB

MT or MLT Days & Nights - FT
Lab Manager - FT

RESPIRATORY THERAPY

Respiratory Therapist- Sleep Tech - FT

EARLY LEARNING CENTER

Early Childhood Education Lead Teacher - FT

SOCIAL SERVICES

Transportation Van Driver - PRN

MATERIALS MANAGEMENT

Supply Chain Manager - FT

The Pulse

Department Recognitions



We Recognize You



Health Information left to right: Joyce Schneider, Angie Walt, Linda Chase, Melinda Howard, Tammy Marshall

For the month of March, we want to recognize the employees from Health Information (HIM) and Human Resources. Thank you to each employee from these departments for your dedication and service to our patients, residents, and employees at GCMC. You are appreciated and we recognize you.

Human Resources left to right: Megan Heier, Julie Litfin, Shelby Schamberger

